

37 YEARS OF CAMP OZ

This year marks the 37th anniversary for Camp Oz, a program that provides a safe and fun camping experience for youth with seizures, and allows them to connect with others and try new things. EFMN is excited to announce the expansion of our Day Camp which now takes place twice during the summer and in two different locations to make attendance easier.



CAMP FEES*

- Camp Oz: \$300 per camper, includes all meals, lodging, and activities.
- Day Camp: \$50 per camper, includes meals and activities.
- Family Camp: \$50 per family, includes meals and activities.

*Financial assistance is available.

REGISTRATION

Camp registration opens on February 11th at efmn.org/camp. For additional information contact Mary Meuwissen at mmeuwissen@efmn.org or 651.287.2312.



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Camp
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CAMP OZ

June 16-21 | Camp St. Croix

Camp Oz is designed for youth ages 9–17 and combines a traditional overnight camp experience with the security of 24-hour medical staff. Siblings who don't have epilepsy are also welcome to attend.

CAMP OZ REQUIREMENTS

Campers need to function independently, with a positive attitude, within a structured group setting. For the safety of all participants, campers must be able to do the following:

- Understand and follow directions.
- Stay involved in camp activities (up to 2 hours).
- Interact in a respectful way with other campers and staff.
- Move between camp activities with limited supervision.
- Participate in outdoor activities in a hilly/wooded setting.
- Capable of performing activities of daily living (showering, eating, etc.).

SAFETY & MEDICAL SUPPORT

Registered nurses are on-site 24 hours a day with EFMN staff. Additional medical professionals are present during the day and on-call overnight. All camp staff are trained on how to recognize and respond to seizures. Numerous volunteers are on hand each day to assist counselors with activities and cabin dynamics.

DAY CAMPS

East Camp | July 13 | Camp Streefland
West Camp | August 17 | Camp Christmas Tree

Day Camps are for youth ages 6–12 and are intended to help prepare eligible campers for future attendance at Camp Oz. Campers must meet all requirements listed under the Camp Oz section.

Activities include sports, team building, arts and crafts, outdoor adventures, music, and dance.



SAFETY & MEDICAL SUPPORT

There will be a nurse on-site to dispense medication. EFMN staff, camp staff, and volunteers provide additional support.



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FAMILY CAMP

July 20 | Camp Christmas Tree

Family Camp is for youth ages 6–17 with additional medical, developmental, social, or emotional needs that cannot be accommodated at Camp Oz. Each camper is required to have at least one parent or guardian attend camp with them.

Activities include arts and crafts, climbing wall, games, team building, and more.



SAFETY & MEDICAL SUPPORT

EFMN and camp staff will be on-site, however, each parent/guardian is responsible for their child and any medication needs.

