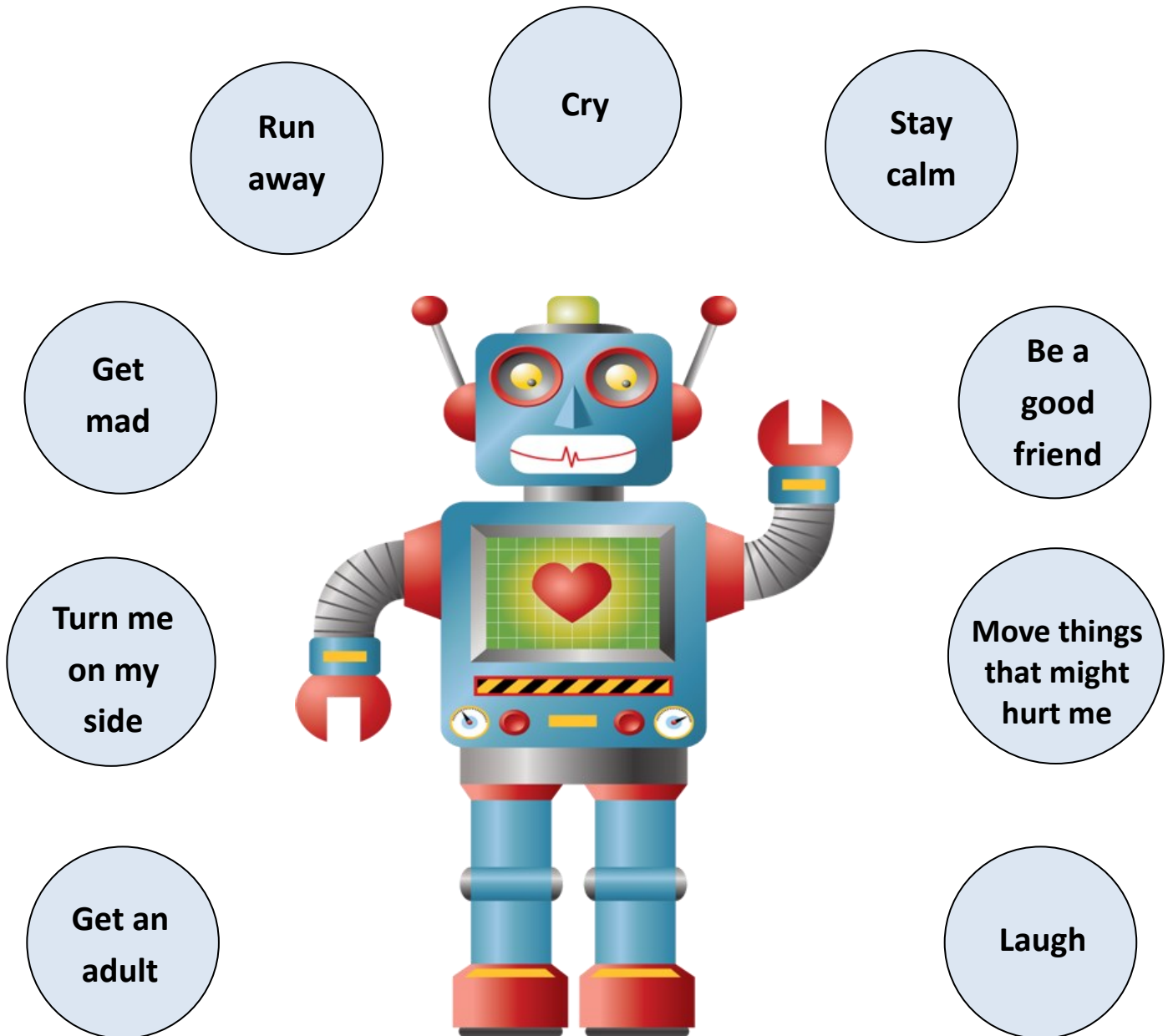


Answer these seven questions to test your seizure smarts!

## Are You Seizure Smart?

1. Epilepsy is a disease which can spread from person to person. T F
2. During a seizure, a person can swallow their tongue. T F
3. Wearing a helmet while biking or rollerblading is a way to prevent epilepsy. T F
4. You should treat a person who has epilepsy just like you would want to be treated. T F  
(i.e. being their friend, playing with them, including them in games, etc.)
5. If a person has a seizure, you should try to hold them still. T F
6. Most people who have seizures are old, like grandparents. T F
7. After a seizure, a person may be confused or tired. T F

Draw a line from the robot to the things you can do to help someone who has seizures.



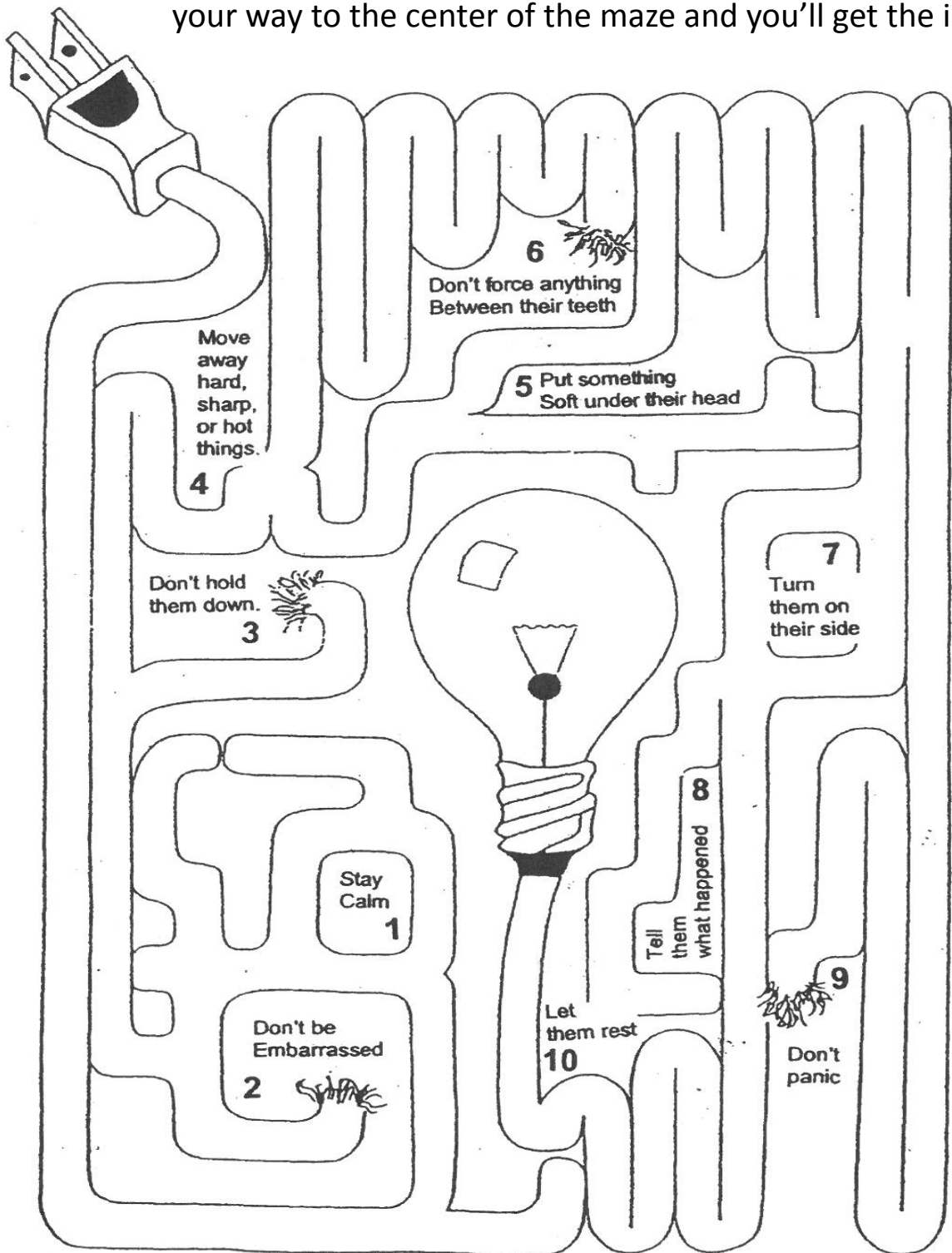
Carefully examine the picture below...

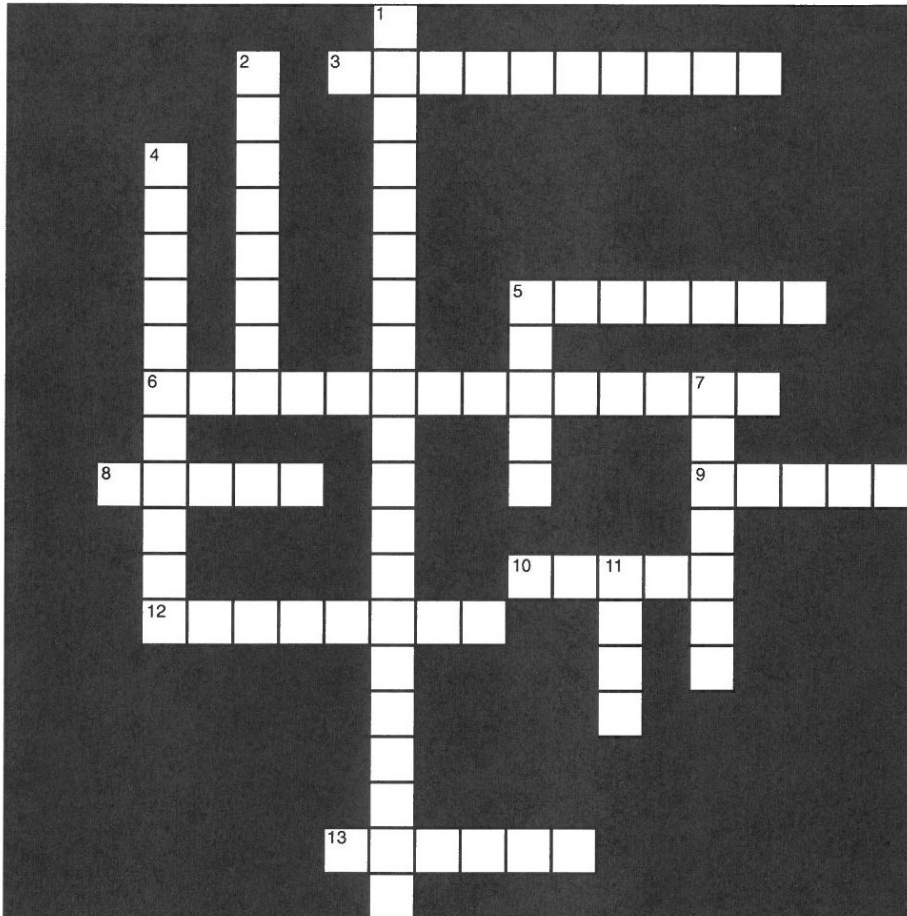
What's **WRONG** with this picture?



**START**  
➔

How can you help a person who is having a seizure? Find your way to the center of the maze and you'll get the idea!





**ACROSS**

3. It is used to control seizures.
5. When tiny parts of the brain, called cells, all of a sudden give off too much electricity, the brain loses control of the body for awhile.
6. During this type of seizure a person may make movements without knowing it, like pulling at their clothing or walking nowhere.
8. NEVER put anything into the \_\_\_\_\_ during a seizure.
9. To make quick, jerky movements. To shiver or tremble.
10. A part of the body where seizures begin.
12. To mistake one thing for another or to not understand what is happening.
13. Wear it to protect your head.

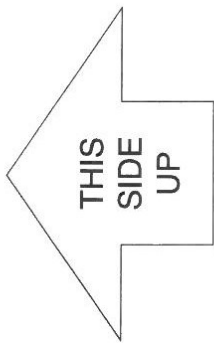
**DOWN**

1. The system affected by the Epilepsy disorder.
2. When you think about things you would like to be doing instead of paying attention, you \_\_\_\_\_.
4. This type of seizure makes a person fall to the ground, shake, and lose consciousness.
5. To look at one place for a long time, without moving your eyes.
7. An \_\_\_\_\_ seizure looks like you are daydreaming and only lasts for a few seconds.
11. A warning that a seizure is coming on. A person may smell bad odors, feel tingling or numbness, or have blurry vision.

MOUTH  
 MEDICATION  
 BRAIN  
 COMPLEX PARTIAL  
 CENTRAL NERVOUS SYSTEM  
 CONFUSED  
 SHAKE  
 AURA  
 TONIC CLONIC  
 DAYDREAM  
 HELMET  
 ABSENCE  
 SEIZURE  
 STARE



If you fill in the squares marked "1" and then turn the page on its side (follow the arrow), you will find the part of the body where seizures begin.



4	2	8	3	7	2	6	4	7
5	3	1	1	1	1	1	1	8
0	7	1	9	4	4	6	2	9
7	6	1	2	3	2	4	0	4
9	1	1	1	1	1	1	1	4
3	6	2	6	8	9	9	3	0
2	1	5	7	4	4	3	1	3
6	1	1	1	1	1	1	1	5
7	1	4	3	2	5	2	1	7
8	4	2	4	8	0	4	5	8
3	1	1	1	1	1	1	1	9
2	1	3	9	1	6	7	6	4
9	1	6	5	1	3	2	4	7
8	1	1	1	1	1	1	1	2
6	9	2	8	3	4	0	7	8
9	1	1	1	1	9	2	1	3
3	1	7	4	1	1	1	1	0
0	1	2	4	1	9	3	8	5
5	1	1	1	1	1	1	1	4
7	3	9	8	8	5	6	0	6
8	1	1	1	5	1	1	1	7
9	1	2	5	1	8	7	1	4
2	1	8	4	1	3	9	1	3
4	1	1	1	1	1	1	1	5
9	3	6	5	7	6	5	2	3