

PROGRAMS THAT EDUCATE

Conferences & Workshops

Consumers and professionals gain access to experts in the field of epilepsy twice annually at Midwest Seizure Smart Conferences in the Twin Cities and Duluth. Participants meet others affected by seizures and receive educational resources.

Information & Referral Service

Links people to community resources for information on driving, treatment options, access to healthcare/medication, transportation and employment issues. A variety of materials are offered to educate, connect and empower people affected by epilepsy.

Seizure Recognition & Response Training

This free training educates about different seizure types and how to respond—ideal for schools, businesses, community centers, community groups and non-profit organizations.

Seizure Smart Communities

Brings epilepsy awareness and education to every corner of MN and eastern ND, giving access to resources in rural areas and supporting people with seizures in the community.

Seizure Smart Schools

Children, parents and school staff bring this program into schools, including classrooms, helping the school community understand seizures and reducing the stigma around epilepsy.

PROGRAMS THAT CONNECT

Camp Oz

Camp Oz transforms the lives of youth with epilepsy by providing a safe camping experience with the security of 24/7 medical staff.

Connect Support Groups

Meetings for adults with epilepsy and parents/caregivers to interact, receive support and share resources.

PROGRAMS THAT CONNECT

Family Events

Social gatherings intended for youth, adults and families to connect with others affected by epilepsy.

Shining Stars

All children are special, but children with epilepsy are Shining Stars. This program connects youth with other families living with epilepsy and encourages them to chase their dreams, despite challenges created by epilepsy.

PROGRAMS THAT EMPOWER

Advocacy

This program helps end stigma and discrimination, while empowering people affected by seizures to be their best advocate through year-round advocacy opportunities and special events.

Creative Arts

The talents of people living with seizures are showcased to raise epilepsy awareness through creative expression: artists' work is displayed in the community, a book of written work is published and participants gather annually to perform.

Scholarships

Scholarships are awarded to students chosen for their courage in dealing with epilepsy, commitment to their education and perseverance in eliminating the obstacles that seizures present.

Rise Above Seizures Walk

This is the largest fundraising/awareness event in MN & ND to benefit people with seizures. Funds raised directly support the Foundation's programs and services for people living with epilepsy.

Used Clothing

Donate used clothing to help support the 60,000 people with epilepsy in our community. 100% of the proceeds fund nearly half the programs and services budget. Schedule a curbside pick up online!