



Share Your Story!



Create Awareness in Your Local Community

- Create a PowerPoint presentation about your journey and share with your class
- Write an article about epilepsy in your school newspaper
- Organize a local awareness event/fundraiser
- Educate your friends, teachers, and neighbors with EFMN brochures/resources
- Participate in the annual Rise Above Seizures Walk
- Organize a clothing drive at your school or in your community (pick ups available for specific service area)
- “Speak Up” and share your story in November (National Epilepsy Awareness Month)

Make your School Seizure Smart

- Visit efmn.org to request a FREE seizure training
- Staff from EFMN can educate your teachers, students, and staff
- Request a classroom kit—filled with information & activities

Prizes & Recognition

As you work to increase awareness and educate your community, submit your achievements online and you’ll receive recognition items along the way!

