

RISE ABOVE SEIZURES WALK:

ONE WEEK CHALLENGE

DAY 7

CELEBRATE – YOU DIT IT!!!

Ask your company for \$100 sponsorship

DAY 6

\$500

DAY 5

Ask a local club or business for \$100 sponsorship

\$400

Ask FIVE Friends for \$20

DAY 4

\$300

DAY 3

Ask FIVE Co-Workers for \$10

\$200

Ask FIVE Relatives for \$20

DAY 2

\$150

DAY 1

Register & Sponsor Yourself!

\$50

HOW TO RAISE \$500 IN ONE WEEK